

# New tourist services and facilities for 2022 in the Costa Brava and Girona Pyrenees

The Costa Brava and Girona Pyrenees destinations create new tourist activities and products for all types of visitors to offer unique, exclusive and safe experiences.

## New facilities

- **Espai Cràter**, in Olot. New research, education and information centre about volcanoes at the Garrotxa Volcanic Zone Natural Park (February 2022).  
*espaicrater.com*
- **Perelada Winery**, by RCR Arquitectes (May-June 2022).  
*perelada.com*
- **MAC-Empúries**, in L'Escala - Empúries. New monographic museum.  
*macempuries.cat*
- **Wellness Center at PGA Catalunya Golf & Wellness**. New space offering complete wellness services. Treatments and programmes using advanced technologies focused on relaxation and nutrition.  
*pgacatalunya.com*
- **Mas Pineda**, in Oix, Alta Garrotxa. This rural tourism establishment has four rooms and an apartment. It offers meals made using local produce and a range of activities such as forest bathing, yoga retreats, mindfulness, silence, a rustic experience and meal in the forest, and a healthy cooking workshop.  
*maspineda.cat*
- **Creation of a wellness area in the five-room hotel Montjuïc Boutique B&B**, in Girona. This establishment boasts an open-air spa, two massage circuits and a space for practicing yoga and shiatsu. The hotel offers a range of complementary cultural and nature activities.  
*montjuicbb.com*
- **New Cycling Centre at Hotel Ciutat de Girona**, in Girona.  
*hotelciutatdegirona.com*
- **New Bike Station at Hotel Azure**, in Lloret de Mar.  
*lazure-hotel.com*

## New establishments and venues

- **Ecotourism at the Catalan farmhouse Can Buch**, in Sant Aniol de Finestres, Garrotxa region. A fully restored farmhouse with seven bedrooms, hammam spa, natural swimming pool and restaurant with a signature menu of dishes made with healthy, locally sourced produce (100% organic). The establishment offers a range of activities such as forest bathing, retreats, relaxing massages, electric bicycle rental and hiking routes.  
*canbuch.com*
- **Apartments at the Can Muni Palau** farmhouse in Palau-saverdera. This establishment organises wellness retreats and has a space with a kitchen for holding wine and gastronomy workshops, as well as several indoor and outdoor spaces ideal for hosting business meetings and other events.  
*canmunipalau.com*
- **Normal Restaurant**, by El Cellar de Can Roca, in Girona. Traditional, direct, spontaneous and modern cuisine led by chef Elisabeth Nolla.  
*restaurantnormal.com*

## Restaurants with Michelin stars in 2022

### 13 restaurants and 18 stars:

- El Cellar de Can Roca\*\*\* (Girona)
- Bo.TiC\*\* (Corçà)
- Miramar\*\* (Llançà)
- Les Cols\*\* (Olot)
- Massana\* (Girona)
- Els Tinars\* (Llagostera)
- La Cuina de Can Simon\* (Tossa de Mar)
- Ca l'Enric\* (la Vall de Bianya)
- Fonda Xesc\* (Gombrèn)
- Empòrium\* (Castelló d'Empúries)
- Les Magnòlies\* (Arbúcies)
- Castell de Peralada\* (Peralada)
- L'Aliança\* (Anglès).



## Noves experiències enoturístiques i gastronòmiques

- Activity '**Wines of the DO Empordà region and sunrise over the sea and Cap de Creus Natural Park**', with Martín Faixó Winery.  
[martinfaixo.com](http://martinfaixo.com)
- Activity '**A sea of wines from the DO Empordà region, tales of vines and the sea**', with Glops d'Història and Mare Nostrum Cruises (summer).  
[glopsdhistoria.com](http://glopsdhistoria.com)
- Activity '**The magic backpack**', with La Gastronòmica. Backpacking excursion along the Costa Brava's coastal paths with a wine-tasting of DO Empordà wines.  
[lagastronomica.cat](http://lagastronomica.cat)
- **Gourmet olive oil experiences in Baix Empordà at Oli Fontclara** - Finca Zanotelli, in collaboration with chef Iolanda Bustos and Gastronomy Experience. Activities such as visits with botanical sensorial Fontclara extra virgin olive oil tasting; extra virgin olive oil tasting; visit with extra virgin olive oil tasting and a Pals rice menu.  
[fontclara.es](http://fontclara.es)

## New nature experiences

- **Walking trails and eco-activities at PGA Catalunya:** eco-diversity tour with Oriol Dalmau (resident biologist), birdwatching, unique trees route. Project awarded the IAGTO Sustainability Award for Nature Protection.  
[lifeatpga.com](http://lifeatpga.com)
- '**Start diving. Enjoy your first underwater experience**' run by the Costa Brava Sub Association of Diving Centres.  
[natura.costabrava.org](http://natura.costabrava.org)

## New wellness experiences

- Activity '**Macrobiotic cooking and mindfulness workshops**', led by Matthias Hesper, of Espai Cuinar Sa, and Edgar Tarrés. (A one-day activity or a 2 to 3-day retreat).  
[edgartarres.com](http://edgartarres.com)
- **New thermal treatments and rituals at Aqva Banys Romans**, in Girona. Named '2021 Best Spa in Spain' at the Swimming Pool & Wellness Barcelona trade fair.  
[aqvabanysvells.com](http://aqvabanysvells.com)

## New cultural experiences

- **Virtual visit** to the Exile Memorial Museum, MUME, La Jonquera.  
[museuexili.cat](http://museuexili.cat)
- **Activity at the Ethnographic Museum of Ripoll:** new audioguide to the Museum at Visitmuseum.  
[visitmuseum.gencat.cat](http://visitmuseum.gencat.cat)

## New premium experiences

- **Bespoke experiences that invite you to immerse yourself in the spirit of the Empordà region with Gla Empordà** in La Bisbal d'Empordà. This company raises awareness of contemporary crafts and local producers making items inspired by the landscapes of the Costa Brava.  
[glaemporda.com](http://glaemporda.com)
- **Experiences to (re)discover the Empordà region and the Costa Brava with Viu Empordà.** This firm offers luxury rental homes and organises activities for small groups, such as 'Olfactory capture', 'Sail around Cap de Creus', 'Explore the Costa Brava', 'Passion for ceramics', 'Evening among vines' and 'Walking route in the Montgrí'.  
[viuemporda.com](http://viuemporda.com)

- **Activities and experiences linked with art, culture and gastronomy at Sa Calma**, in Pals. A space and concept store selling gourmet products plus a private garden for holding small format events.  
[amantecollection.com](http://amantecollection.com)

## Anniversaries and calendar

- **1000 years since the consecration of the church at the Monastery of Sant Pere de Rodes.** Photographic exhibition, commemorative concerts and a programme of new visits.
- **90 years of the rack railway at Núria.** Themed exhibition.  
[alldenuria.cat](http://alldenuria.cat)
- **50th anniversary of the Costa Brava International Firework Competition**, Blanes (July).  
[visitblanes.com](http://visitblanes.com)
- **10th anniversary of the opening of Casa Masó** in Girona. Programme of new visits and calendar of commemorative events (pending).  
[rafaelmaso.org](http://rafaelmaso.org)
- **10th anniversary of the Bay of Roses'** (towns of Roses, Castelló d'Empúries, Sant Pere Pescador and L'Escala) recognition with the 'Most beautiful bays in the world' seal. Commemorative programme (pending).

